



Hort de Nal

md
GIRONA

MASSAGES



URBAN RELAX

Relaxing massage with vegan oils and aromatherapy. Disconnect from your daily routine and eliminate physical strain.

30min 37€ 45min 50€ 60min 77€



MUSCULAR DISCHARGE

Effective massage using firm pressure to dissolve aches and strains due to stress. Using the therapist's hands, elbows and forearms.

30min 39€ 45min 52€ 60min 79€



HEAVY LEGS

Massage created to soothe sensations of heavy legs. Ideal to relieve tiredness.

45min 48€

RITUALS



CANDLELIGHT RITUAL

A massage to comfort your back using candles oil applied under the candle light.

60min 75€



EXCLUSIVE HORT DE NAL RITUAL

Body scrub with aromatherapy and relaxing massage with date essential oil.

45min 82€

Check availability

FACIALS



GUASHA

Firming massage with rosequartz stones.

30min 52€



SKIN REGENERATION

Scrub and myofascial massage. Regenerates and firms skin.

45min 44€



HORT DE NAL O2

Oxygenating treatment for tired and lack of tone skin. Ideal before any of our special moments.

60min 96€



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OTHER SERVICES



SPA PEDICURE

50€



SPA MANICURE

40€

TERMS AND CONDITIONS

ADVANCE BOOKING

We recommend that you book your treatments in advance to ensure time and service preference.

CANCELLATION POLICY

To avoid a 50% service charge, please cancel 24 hours before the scheduled appointment.

Cancellation or failure to attend within 12 hours of the scheduled appointment will result in 100% of the charge.

Credit card will be required at the time of booking.

ARRIVAL AT THE WELLNESS AREA

We ask for punctuality for the good development of the requested service.

Delays will not mean an extension of the treatments.

AGE REQUIRED

The minimum age required for access to the wellness area is 16 years old.

HEALTH CONDITIONS

Inform the team of possible health conditions, allergies or injuries that could affect the service when you make the reservation.